

Some Safety Tips Regarding Spa

Safety Tips For Your Spa Bath

Water sanitizer and balance should be maintained. Ensure yourself that you use the healthy water. The water should be free from any type of harmful microorganism before you enter the spa. You can do this by frequently shocking the balanced water as well as the protection of the whole alkalinity as well as pH of the water for scheming bacteria inside the water. By using appropriate test strip you can monitor the sanitizer levels, pH and TA. Bacteria test are also available for testing the bacteria and other microorganism in spa water.

Spa Supplies And Storage Of Some Chemicals

It is very important that cleaning compounds, chemicals, and additives used in spa should be stored in the cool, ventilated, and dry spot. Plus, it should also be places far from the sunlight, as well as out of children reach. Always remember to read as well as follow all the directions written on chemical stickers.

Do not mix all spa compounds and chemicals before adding it into spa water. In fact, you should dissolve the chemicals one by one, in clean and pure water in one plastic bucket. Now you can easily pour this water bucket and chemicals in the hot tubs. All this is implemented to safe the possible harm to the PVC liner or acrylic shell of spa that arises from straight touch to the chemical granules that are not dissolved.

Consumption Of Drugs And Alcohol In Spa

Hot water has the tendency to increase the effect of the drugs and alcohol in spa bath, so it is very dangerous taking drugs and alcohol in spa bath. This entire can leads to dangerous results. If you are planning to take alcohol or drugs then it is very important that you ask and consult your physician for the correct use of prescribed drugs when you take spa bath. Most of the people prefer taking mineral water, drinking chilled juice or soft drink, when relaxing.

The Right Temperature Of Water

The pool institute and National Spa states that the maximum temperature of hot water for the spa should be 104 degree F. if you stay for a long period in the water along with the higher temperature will directly leads to rise in the temperature of your body heat up to very dangerous levels. That is why, modern spas usually adjusted at factories, so that the adjusted limits are not increased.

The ideal soaking temperature and time should be fifteen minutes at 102 degree F and not more. Infants and children skin is tend to be very sensitive, so the ideal temperature of spa water should be ninety-five degrees F and only for 10 minutes. Those people who are suffering from low or high blood pressure, heart disease, diabetes, or some other serious conditions should contact doctors and follow the advice of the physician before going for a spa bath.

About the Author

You will get more information about the spa bath on Internet. You can also get the tips and precaution you need to take before buying the spa and hot tubs for personal use. [Spa Covers](#), [spa pumps](#), parts and accessories including filters, and [spa heaters](#) can be obtained via Internet.

Source: <http://www.mmm-ec.org>